

St. Louis County

2003 Health and Preventive Practices Status Report from Missouri County-level Study



	County Prevalence (%)*	St. Louis Metro Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	10.2 L	14.1	16.9
No Health Coverage	12.9	10.6	12.8
B ehavioral Risk Factors			
Physical Inactivity	16.5	20.2	24.0
Current Smoker	25.9	25.9	26.4
Overweight (BMI 25-29.9)	31.7	33.7	35.3
Obese (BMI ≥ 30)	17.5	20.4	23.4
D isease and Conditions			
High Blood Pressure	31.9	30.0	28.9
High Cholesterol (35 years or older)	29.1 L	33.5	37.1
Asthma	6.7	9.6	10.8
Diabetes	6.4	7.6	7.2
Activity Limitation	15.5	16.6	17.9
C ancer Screening			
Women			
Never had a Mammogram	6.7	9.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	39.3	47.4	49.4
50-64 years of age	22.9	27.3	35.9
65 and older	34.3	39.6	47.4
Never had a Pap Test:			
18-69 years of age	10.8	7.2	5.1
70 and older	0.0 L#	3.3	6.4
No Pap Test in Last Year (18-29)	47.4	30.7	25.8
No Pap Test in Last 3 Years (30-69)	15.1	15.5	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	63.2	61.7	57.0
No Blood Stool Test in Last Year	77.2	77.0	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	38.7	45.2	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	42.9	50.9	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

■ H indicates that the prevalence rate is significantly above the state prevalence

■ L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

The number of respondents in this category is 0.